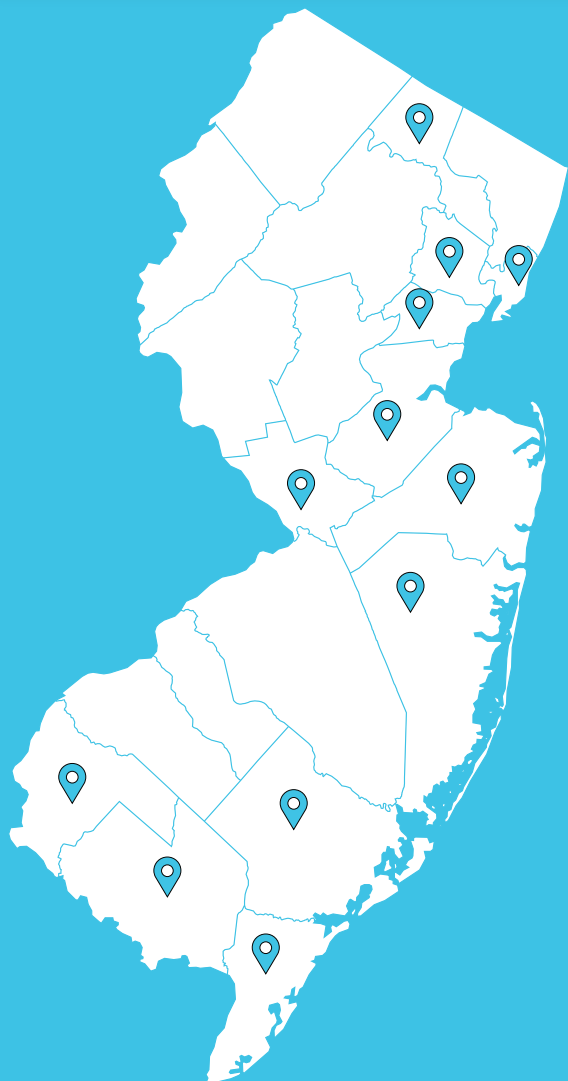




TOBACCO FREE FOR A HEALTHY NJ

Tobacco-Free
FOR A HEALTHY NEW JERSEY

QUIT CENTERS



New Jersey residents now have access to 11 Quit Centers across the state through individual and group counseling. These Quit Centers provide residents with the resources to stop or reduce their use of tobacco products.

The 11 Quit Centers will service the following counties: Atlantic, Cape May, Cumberland/Salem, Hudson, Mercer, Middlesex, Monmouth Ocean, Essex, Passaic and Union.



Enrolled clients of the Quit Center may qualify for **FREE NRT** as part of their treatment plan.

Visit TobaccoFreeNJ.com to learn more

In addition to the Quit Centers, NJ residents can call the NJ Quitline. A trained Quit Coach who has years of counseling experience will listen – without judgment – and help you to create a plan for quitting, including how to cope with cravings and ways to avoid slips and relapse.

NEW JERSEY
QUITLINE
1-866-NJ-STOPS

Call the NJ Quitline at (1-866-657-8677)
to talk to a Quit Coach.

Quit Coach Hours
Monday-Friday 8AM-9PM
Saturday 8AM-7PM
Sunday 9AM-5PM

FREE patches for qualified callers

Visit www.njquitline.org to use our “web to enroll” option



TOBACCO FREE FOR A HEALTHY NJ

QUIT CENTERS

Atlantic County	Atlantic Prevention Resources Quit Center	609-804-QUIT Quitcenter@atlprev.org
Cape May County	Cape May County Quit Center at Cape Assist	609-522-5960 QuitCenter@CapeAssist.org
Cumberland/ Salem County	Inspira Quit Center	856-641-8633 QuitCenter@ihn.org
Essex County	RWJBH Institute For Prevention and Recovery Quit Center	732-837-9416 Quitcenter@rwjbh.org
Hudson County	Hackensack Meridian Health Quit Center	551-996-1632 QuitCenter@hackensackmeridian.org
Mercer County	RWJBH Institute For Prevention and Recovery Quit Center	732-837-9416 Quitcenter@rwjbh.org
Middlesex County	RWJBH Institute For Prevention and Recovery Quit Center	732-837-9416 Quitcenter@rwjbh.org
Monmouth County	RWJBH Institute For Prevention and Recovery Quit Center	732-837-9416 Quitcenter@rwjbh.org
Ocean County	RWJBH Institute For Prevention and Recovery Quit Center	732-837-9416 Quitcenter@rwjbh.org
Passaic County	Hackensack Meridian Health Quit Center	551-996-1632 QuitCenter@hackensackmeridian.org
Union County	RWJBH Institute For Prevention and Recovery Quit Center	732-837-9416 Quitcenter@rwjbh.org